W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION	Cheese and Tomato Pizza with Potato Wedges 🕜	Jamaican Chicken Jambalaya ₩	Roast Gammon with Mashed Potatoes and Gravy	Chicken Tikka Masala with Wholegrain Rice 🕸 🤫	Battered Pollock with Chips
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potato and Gravy	Macaroni Cheese	Veggie Fingers with Chips
	OPTION	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BR			ED BREAD	
ISHES	OPTION	Cheese and Tomato Sandwich	Tuna Sandwich	Ham Sandwich	Cheese and Tomato Sandwich	Ham Sandwich
DELI DISHES	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
		DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT		Chocolate Marble Cake 🖔	Orange Glazed Sticky Sponge Cake with Custard	Lemon Cookie	Crunchy Chocolate Mousse	Fruits of the Forest Jelly



BAKED POTATOES SERVED DAILY

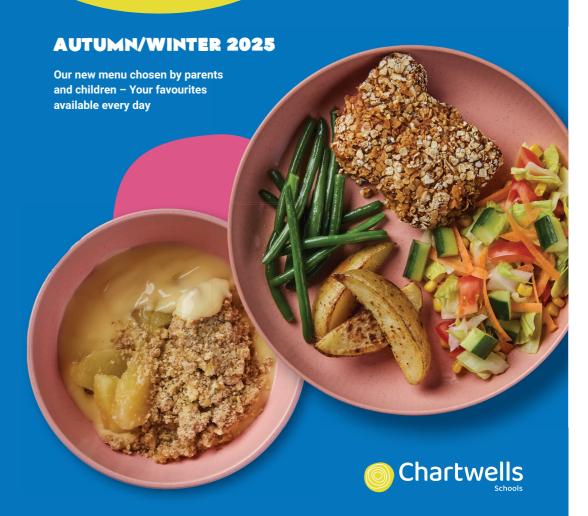


AVAILABLE DAILY Fresh fruit, salad, yoghurt and water

🔻 Vegetarian 👊 Vegan 🔅 Oily Fish 💥 Wholegrain 🀞 Fruity! 👻 Nutritionist's Choice

Menu_101_008147

THREE WEEK MENU



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	OPTION	Cheese and Tomato Pizza with Potato Wedges	Beef Bolognese with Wholewheat Pasta 🕸 🤫	Jerk Chicken with Rice and Peas	Chicken and Vegetable Korma with Wholegrain Rice 📦 🤏	Southern Fried Chicken with Chips
HOT DISHES	OPTION 2	BBQ Vegetable Wrap with Potato Wedges ① ※	Vegetarian Bolognese with Wholewheat Pasta (2)	Roast Quorn with Roast Potatoes and Gravy	Cheesy Vegetable Hotpot	Quorn Dippers with Chips ①
Ī	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
HES	OPTION	Cheese and Tomato Sandwich	Tuna Sandwich	Ham Sandwich	Cheese and Tomato Sandwich	Ham Sandwich

ISHES	OPTION	Cheese and Tomato Sandwich	Tuna Sandwich	Ham Sandwich	Cheese and Tomato Sandwich	Ham Sandwic
DELI D	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Crunchy Apple Slice ď

Strawberry Shortcake Mousse

Oat Cookie **T**

Chocolate Brownie ď

Berry Blondie

AVAILABLE DAILY

With a choice of toppings 💟 🖈

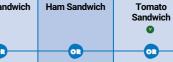
BAKED POTATOES SERVED DAILY

🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💝 Nutritionist's Choice

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
	OPTION 2	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips
•	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				

SHES	OPTION	Cheese and Tomato Sandwich	Tuna Sandwi
	OPTION	Egg Mayonnaise Sandwich	Ham Sandwi









OR-



DESSERT

Chocolate Caramel Crunch

Flapjack

Chocolate Brownie ď

Apple and Golden Syrup Sponge with Custard 6

Chocolate Cookie **T**



BAKED POTATOES SERVED DAILY

With a choice of toppings 🔻 🖚



AVAILABLE DAILY

🔻 Vegetarian 👊 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice